

SANSKRITI

CAFE & RESTAURANT





A warm welcome to Sanskriti, the café & Restaurant at Roof Top.

Overlooking the sacred streets of Ram Jhula, Sanskriti Rooftop Café & Restaurant invites you to experience Rishikesh from a new perspective — where the gentle flow of the Ganga, the beauty of the iconic Ram Jhula Bridge, and the cool Himalayan breeze come together in harmony.

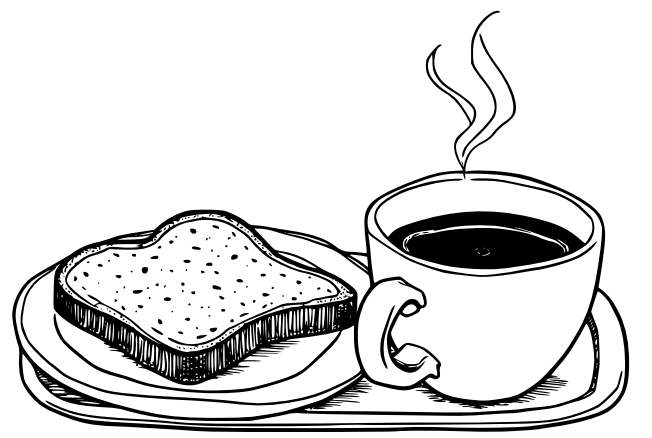
As you sit beneath the open sky, watching the river shimmer and the hills fade into the horizon, let the calmness of the surroundings slow you down. From peaceful mornings to serene evenings by the Ganga, every moment here is meant to be savored.

Inspired by the spirit of Rishikesh and the warmth of Indian hospitality, our menu brings together soulful flavors, comforting dishes, and memorable experiences crafted for every palate.

From your first sip to your final bite, let every dish become a part of your journey at Sanskriti Vedic Retreat — where food, view, and soul meet above the Ganges.



BREAKFAST



- **CUT FRUITS** **239**
Selection of seasonal sliced fruits

- **FULL PAHADI BREAKFAST** **999**
Gahat ka paratha, Griddle cooked lentil flat bread, Badaa, Dal ke Swaley, Garhwali Local & Pickle

- **BESAN CHILLA (2 PIECES)** **179**
With green chutney

- **GRANOLA** **299**
Toasted oats granola in sweetened yogurt with fresh seasonal fruits and sweets

- **PANCAKE (2 pieces)** **239**
Topped with Strawberry Marmalade / Nutella / Pineapple jam / Chocolate Sauce / Caramel Sauce

- **SAVORY CREPES** **239**
Soft crepes filled with your choice of cheese, mushroom, spinach, olives, and fresh vegetables.

- **UTTAPAM (2 pieces)** **179**
With Coconut Chutney

- **VEGETABLE POHA** **179**

- **PURI WITH PAHADI ALOO KA JHOL** **252**

- **STUFFED PARATHA WITH YOGURT** **179/191/203/203/239**
Aloo Paratha / Aloo Pyaaz Paratha / Mix Paratha / Gobhi Paratha / Paneer Paratha

Rise with the sun, savor the start of a beautiful day.

In our endeavour to serve you the best, we take special care of everything we do. Please inform our associates before placing your order if you or anyone in your group is allergic to any of the mentioned common food allergens.

COMMON FOOD ALLERGENS



MILK



PEANUT



TREENUT



SOY



GLUTEN



CELERY



RYE, BARLEY, WHEAT



MONOSODIUM GLUTAMATE



SULPHUR



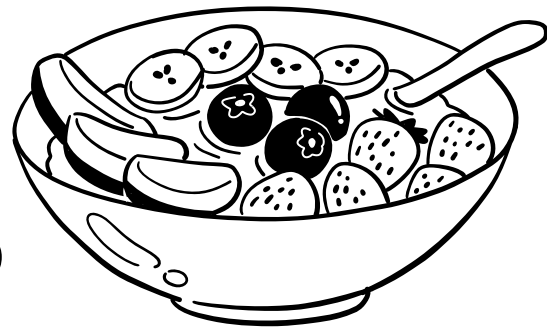
SESAME SEED



MUSTARD

Government taxes as applicable

CEREALS & FRUIT BOWLS



- CLASSIC CORN FLAKES BOWL** **209**
Crispy cornflakes served with choice of hot or cold milk
- WHOLESOME MUESLI BOWL** **239**
Rolled oats, nuts, raisins, and seeds served with choice of hot or cold milk
- HONEY YOGURT MUESLI** **249**
- FRUIT & YOGURT DELIGHT** **279**
Seasonal fruits served with fresh curd and honey
- NUTTY FRUIT MUESLI BOWL** **279**
Muesli blended with seasonal fruits, curd, honey, nuts, and seeds

SANDWICHES & WRAPS



- CHEESE VEGETABLE SANDWICH** **239**
- CHEESE DRY SANDWICH** **239**
Sandwich with three types of cheese

Handcrafted comfort wrapped and layered with flavour.

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- ## BOMBAY SANDWICH

Sandwich with cucumber, onion, tomato, potatoes with cheese

299
- ## FALAFEL SHAWARMA

Soft wrap filled with crispy falafel, fresh vegetables, pickles, and creamy sauces.

299
- ## BUDDHA WRAP

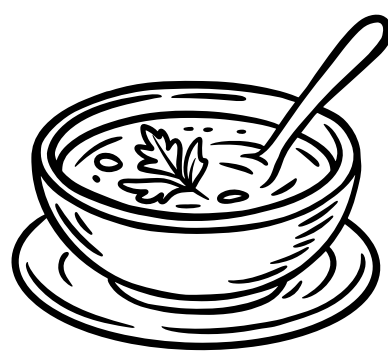
A wholesome wrap loaded with fresh veggies, grains, greens, and nourishing flavors.

299
- ## PANEER SHAWARMA

Grilled paneer wrapped with fresh vegetables and flavorful shawarma-style seasoning.

299

SOUPS



-
- ## TOMATO HERBS SOUP

204
 - ## FRENCH ONION SOUP

228
 - ## VEG GARLIC SOUP

179
 - ## SWEET CORN SOUP

179
 - ## MANCHOW SOUP

179
 - ## HOT & SOUR SOUP

179

Fresh, light, and nourishing bowls of comfort and care.

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■ DAL BADAAM KA SHORBA 215

■ AYURVEDIC VEG CLEAR SOUP 215

SALADS

■ GREEN SALAD 179

■ ISRAELI SALAD 179

A refreshing mix of finely chopped cucumber, tomato, onion, parsley, lemon juice, and olive oil with vibrant flavors.

■ RUSSIAN SALAD 209

■ GREEK SALAD 289

Crisp cucumber, tomato, onion, olives, and feta cheese tossed with olive oil and herbs.

■ MEDITERRANEAN PASTA SALAD 289

Fresh vegetables, olives, herbs, and feta cheese tossed with pasta in a light flavorful dressing.

■ YOGI SPECIAL SALAD 289

A nourishing blend of fresh greens, seasonal vegetables, fruits, nuts, and wholesome ingredients tossed in a light house dressing.

■ VEGAN SALAD 299

■ FRUIT SALAD 299

■ SMOKY MINTED WATERMELON SALAD 299

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 **AVOCADO SALAD** **359**
Fresh avocado, crisp vegetables, herbs, and a light citrus dressing for a refreshing and wholesome salad.


 **GRILLED TOFU SALAD** **359**
Fresh greens and seasonal vegetables topped with perfectly grilled tofu and tossed in a light flavorful dressing.


NUTRIENTS BOWL

 **BUDDHA BOWL** **479**
Comes with quinoa, grilled cottage cheese, stir fried vegetable with coconut pesto sauce.

 **RICH FIBER BOWL** **479**
Comes with couscous, grilled cottage cheese, rocket lettuce with exotic vegetables served with bell pepper marmalade.

 **MOTHER EARTH BOWL** **479**
Comes with mixed grains, fresh seasonal vegetables, leafy greens, seeds, nuts, and light dressing.

 **MEXICAN CHIPOTLE BOWL** **479**
Comes with rice, black beans, sweet corn, fresh vegetables, greens, and sauce.

 **MEDITERRANEAN QUINOA BOWL** **479**
Comes with quinoa, fresh vegetables, olives, herbs, and light olive oil lemon dressing.

Power-packed goodness served in every wholesome spoonful.

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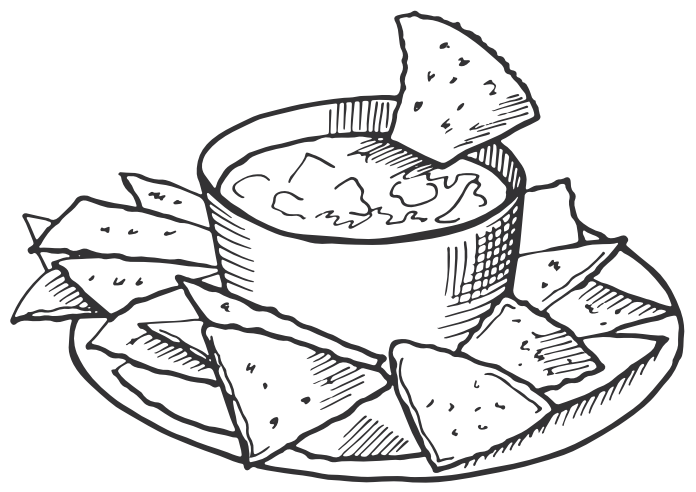
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Starters



- ROASTED/FRIED PAPAD 59

- MASALA PAPAD 119

- FRENCH FRIES 179

- HONEY CHILLI POTATO 239

- MEXICAN NACHOS 299
Fried tortilla chips with vegetables salsa & melted cheese sauce

- MANCHURIAN 299
Fried veg balls in spicy tangy sauce

- NOODLES 299
Veg / Hakka / Chilli Garlic / Schezwan

- CHILLI PANEER 359

- CRISPY VEG 359

- BAKED THREE CHEESE POTATOES 419
Roasted potatoes topped with cheddar & mozzarella

Small bites that spark big flavours.

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- 


CHEESE CHILLI TOAST

239
- 


VEG FRIED RICE

299
- 


STEAMED MOMOS (8 pieces)

179
- 


FRIED MOMOS (8 pieces)

239
- 


HARA BHARA KEBAB
Deep fried green vegetable patty

299
- 


SHAMI MATTAR KI TIKKI
Combination of lentil and peas with Indian spices

299
- 


PEANUT CHAT

174
- 


CHANNA CHAT
Exotic vegetable topping with mozzarella and cheddar cheese

174
- 


BRUSCHETTA
Toasted artisan bread topped with fresh tomatoes, basil, garlic, and extra virgin olive oil.

199
- 

VEGGIE SAUTE
Fresh seasonal vegetable lightly sautéed with garlic, herbs, and olive oil for a wholesome and flavorful dish.

199
- 

LOADED FALAFAL
Crispy falafal topped with sauce, fresh veggies, pickled onions, olives, and Mediterranean flavors.

239
- 

PITA POCKET
Soft pita bread stuffed with fresh vegetables, flavorful fillings, crisp lettuce, and sauces.

219

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HEALTHY PLATTERS

-  **GRILLED TOFU PLATTER** **329**
Served with exotic vegetables
-  **GARDEN GRILL PLATTER** **359**
Assorted grilled seasonal vegetables seasoned with herbs and olive oil
-  **HERBED PUMPKIN DELIGHT** **359**
Roasted pumpkin seasoned with herbs, spices, and wholesome flavors
-  **CRISPY TOFU FEAST** **389**
Golden fried tofu served with flavorful dips and fresh accompaniments

QUICK BITES

-  **PLAIN MAGGI** **119**
-  **VEGETABLE MAGGI** **149**
-  **CHEESE MAGGI** **169**
-  **MASHED POTATOES WITH MELTED CHEESE** **199**
-  **TACO DE SOYA** **219**
Soft taco stuffed with seasoned soya, fresh vegetables, and house flavors.

A vibrant mix of freshness, balance, and mindful indulgence.

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- ## CORN & PEPPER TACO

Crispy taco loaded with sweet corn, bell peppers, herbs, and creamy sauce.

229
- ## CHIPOTLE BLACK BEAN TACO

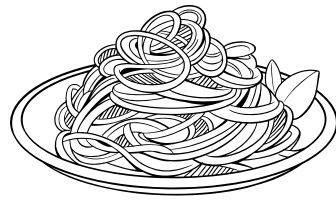
Soft taco filled with smoky chipotle black beans, fresh vegetables, and flavorful toppings.

249
- ## BLACK BEAN NACHOS

Crispy nachos loaded with black beans, cheese, fresh vegetables, and flavorful toppings.

249

PASTAS



SPAGHETTI / PENNE (CHOOSE ANY ONE)

- ## AGLIO E OLIO

Pasta tossed with fresh garlic and olive oil

299
- ## NEAPOLITANA

Red sauce pasta

348
- ## CREAMY ALFREDO

White sauce pasta

395
- ## CORN AL FUNGHI

Pasta tossed with cheese cream, corn and mushroom

359
- ## BASIL PESTO

419

Creamy, comforting, and twirled in rich flavours.

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RISOTTO

-  **PESTO BURRATA RISOTTO** **489**
Creamy risotto infused with basil pesto and topped with rich burrata cheese.
-  **TRUFFLE MUSHROOM RISOTTO** **449**
Creamy arborio rice cooked with mushrooms, parmesan, herbs, and delicate truffle flavors.

Pizzas

-  **MARGHERITA PIZZA** **359**
-  **VEGETARIANA FARMHOUSE** **479**
Exotic vegetable topping with mozzarella and cheddar cheese
-  **CARAMELISED ONION MUSHROOM PIZZA** **479**
-  **SPICY DIAVOLA PIZZA** **419**
Coriander pesto sauce with spicy sprinkles and vegetables

SIZZLERS

-  **CONTINENTAL SIZZLER** **599**
Corn cheese ball served with buttered parsley rice with a glazed vegetable topping.
-  **CHINESE SIZZLER** **539**
Veg fried rice, crispy mushroom and baby corn, Kung Pao potato, pan fried noodles

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Mains



<input type="checkbox"/>	PAHADI DAL	299
<input type="checkbox"/>	ACHARI DAL TADKA	275
<input type="checkbox"/>	SMOKY DAL MAKHANI	299
<input type="checkbox"/>	KADHAI PANEER	335
<input type="checkbox"/>	PANEER BUTTER MASALA	359
<input type="checkbox"/>	ALOO GOBHI ADRAKI	275
<input type="checkbox"/>	BAWLI MIX VEG	275
<input type="checkbox"/>	PALAK PANEER	299
<input type="checkbox"/>	PANEER LABABDAR	335
<input type="checkbox"/>	MALAI KOFTA	419
<input type="checkbox"/>	MATAR MUSHROOM	359

Rich, hearty, and crafted for a fulfilling feast.

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<input type="checkbox"/>	MATAR PANEER	359
<input type="checkbox"/>	ALOO JEERA/JAKHYA	239
<input type="checkbox"/>	KURKURI BHINDI	275
<input type="checkbox"/>	SARSO KA SAAG	239
<input type="checkbox"/>	CHANA MASALA	275
<input type="checkbox"/>	NAVRATAN KORMA	359
<input type="checkbox"/>	GARHWALI THALI (Pahadi Dal, Chainsoo, Aloo Jakhiya, Kaflu, Jhangore ki Kheer, Kheere ka Railu, 2 Manduwe Rotis, Jakhiya Bhaat, pallar)	1099

Breads & Rice

<input type="checkbox"/>	TAWA ROTI PLAIN	42
<input type="checkbox"/>	TAWA ROTI BUTTER	48
<input type="checkbox"/>	TAWA LACHHA PARATHA	72
<input type="checkbox"/>	MAKKI KI ROTI	60

Simple staples elevated with warmth and tradition.

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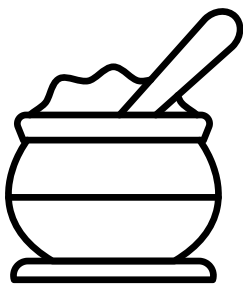


MUSTARD

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- MANDUWE KI ROTI 60
- MAKKAI KI ROTI 60
- STEAMED RICE 249
- JAKHIYA RICE 279
- JEERA RICE 300
- VEG BIRYANI 499
 (with Mint Raita)

RAITA



- VEGETABLE RAITA 179
- BOONDI RAITA 179
- PINEAPPLE RAITA 239
- CURD PLAIN 119

A cooling touch to complete your feast with balance.

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SWEET BITES

- ☐ BULL'S EYE 179
- ☐ JHANGORE KI KHEER 155
- ☐ FRESH FRUITS SUNDAE 299
- ☐ GULAB JAMUN 179
(2 pieces)

FRESH JUICES



- ☐ APPLE BEETROOT CARROT JUICE 209
- ☐ PINEAPPLE JUICE 231
- ☐ SEASONAL FRUITS JUICE 231
Watermelon/Orange
- ☐ MIX FRUIT JUICE 249

Freshly pressed vitality in every sip.

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SHAKES

<input type="checkbox"/>	CHOCOLATE SHAKE	210
<input type="checkbox"/>	AVOCADO SHAKE	270
<input type="checkbox"/>	KIT KAT SHAKE	220
<input type="checkbox"/>	OREO SHAKE	220
<input type="checkbox"/>	BANANA SHAKE	197
<input type="checkbox"/>	NUTELLA BANANA SHAKE	240
<input type="checkbox"/>	PEANUT BUTTER BANANA SHAKE	240
<input type="checkbox"/>	SEASONAL FRUIT SHAKE	197

HOT BEVERAGES

<input type="checkbox"/>	ESPRESSO (Single / Double)	77/109
<input type="checkbox"/>	CAFE LATTE	164
<input type="checkbox"/>	CAPPUCCINO	164
<input type="checkbox"/>	CAFE MOCHA	164

Warm sips to comfort your soul.

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	AMERICANO	109
	FLAVORED COFFEE	219
	BLACK TEA	77
	LEMON GINGER HONEY TEA	109
	MASALA CHAI	109
	AYURVEDIC HERBAL TEA	139
	AYURVEDIC HERBAL KADHA	165

COLD BEVERAGES

	CAFE BREW	109
	CARAMELIZED FRAPPE	197
	CLASSIC FRAPPUCCINO	197
	COLD COFFEE	142
	LEMON ICED TEA	164
	SEASONAL FRUIT SHAKE	197

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- PUNJABI LASSI** **164**
- BUTTER MILK** **142**
- SWEET LASSI** **174**
- SEASONAL FRUIT LASSI** **174**

Creamy yogurt blended with fresh seasonal fruits for a refreshing traditional drink.
- CHOCOLATE LASSI** **219**
- NUTELLA LASSI** **249**

SMOOTHIES

- MANGO SMOOTHIE** **299**
- BANANA OAT SMOOTHIE** **299**
- COCONUT DREAM** **329**
- CHOCOLATE BANANA SMOOTHIE** **329**
- GREEN SMOOTHIE** **349**
- AVOCADO SMOOTHIE** **399**

Sip the moments, one refreshing taste at a time.

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VEGAN SPECIALS


 **BESAN CHILLA (2 PIECES)** **179**
without butter/ghee


 **STUFFED PARATHA WITH YOGURT** **179/191/**
Aloo Paratha / Aloo Pyaaj Paratha / **203/203**
Mix Paratha / Gobhi Paratha


 **CLASSIC CORNFLAKES BOWL** **259**
Coconut milk / oat milk / almond milk


 **WHOLESOME MUESLI BOWL** **289**
Coconut milk / oat milk / almond milk

HOT BEVERAGES

 **CAFE LATTE** **214**
Coconut milk / oat milk / almond milk

 **CAPPUCCINO** **214**
Coconut milk / oat milk / almond milk

 **CAFE MOCHA** **214**
Coconut milk / oat milk / almond milk

 **FLAVORED COFFEE** **269**
Coconut milk / oat milk / almond milk

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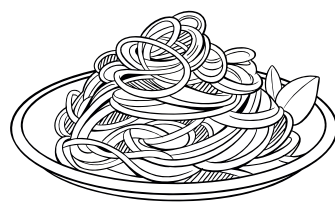
COLD BEVERAGES

-  **CAFE BREW** **159**
Coconut milk / oat milk / almond milk
-  **CAMELIZED FRAPPE** **247**
Coconut milk / oat milk / almond milk
-  **CLASSIC FRAPPUCCINO** **247**
Coconut milk / oat milk / almond milk
-  **COLD COFFEE** **192**
Coconut milk / oat milk / almond milk




QUICK BITES

-  **CORN & PEPPER TACO** **279**
-  **CHIPOTLE BLACK BEAN TACO** **299**

PASTAS



SPAGHETTI / PENNE (CHOOSE ANY ONE)

-  **AGLIO E OLIO** **349**
-  **NEAPOLITANA** **398**
-  **BASIL PESTO** **469**

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Mains



	PAHADI DAL	349
	ALOO GOBHI ADRAKI	325
	BAWLI MIX VEG	325
	ALOO JEERA/JAKHYA	289
	KURKURI BHINDI	325
	SARSO KA SAAG	289
	CHANA MASALA	325
	NAVRATAN KORMA	409

Please inform our server for vegan preparation options for the above dishes.

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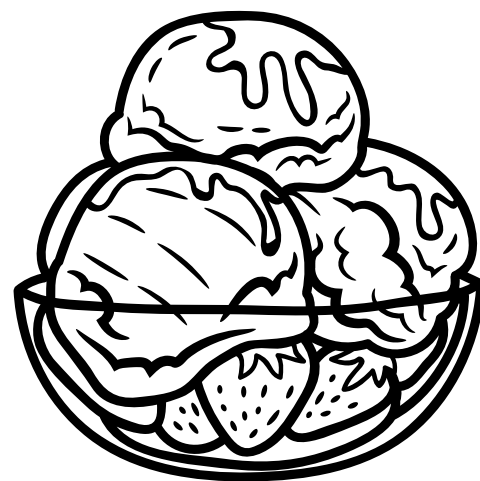
SESAME SEED



MUSTARD

ICE CREAMS

VEGAN



VANILLA MIST

SINGLE / DOUBLE

200 / 300



BUTTERSCOTCH

SINGLE / DOUBLE

200 / 300



MANGO MOMENTS

SINGLE / DOUBLE

200 / 300



BELGIAN CHOCOLATE

SINGLE / DOUBLE

200 / 300



BERRYLICIOUS

SINGLE / DOUBLE

200 / 300

SUGAR FREE



BOURBON VANILLA

SINGLE / DOUBLE

220 / 350



BLISS OF BERRIES

SINGLE / DOUBLE

220 / 350

A little sweetness to end on a perfect note.

In our endeavour to serve you the best, we take special care of everything we do. Please inform our associates before placing your order if you or anyone in your group is allergic to any of the mentioned common food allergens.

COMMON FOOD ALLERGENS



TREENUT



SOY



GLUTEN



CELERY



RYE, BARLEY, WHEAT



MONOSODIUM GLUTAMATE



SULPHUR



SESAME SEED




MUSTARD



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